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A home away from home ... at home

Local author's new book features the best day-trip destinations in the province

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One goalie spot left for Moosehead hopefuls

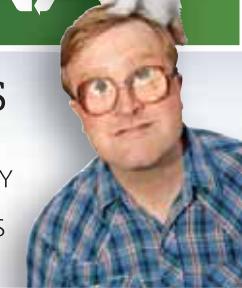
Training camp gets competitive as five players vie for the back-up role

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HEY! THAT CAT'S LIKE HIS FAMILY

SHOW IT A LITTLE RESPECT BY TAKING IN MIKE SMITH'S PERFORMANCE AT HALIFAX'S CAT FILM FESTIVAL

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A BEAUTIFUL CAUSE

Krista Hull, interim director at the Khyber Centre of Arts, poses for a photo in the centre's new temporary space on Cornwallis Street on Wednesday. A record-selling fundraiser is happening this weekend to raise money for the society, which was recently booted out of its old home because the facility was deemed too derelict to renovate. See the story on page 4. JEFF HARPER/METRO

Pop-up hopes people pop in

Downtown Halifax Business Commission

Planning and Design Centre now on Barrington Street through August and September



HALEY RYAN

haley.ryan@metronews.ca

Only a bright patio set and open doorway give it away, but Ross Soward said 1546 Barrington St. has become the place to "demystify" planning in the city over the next month.

Soward, of The Planning and Design Centre, said the centre is the first to set up in the Downtown Halifax Business Commission's (DHBC) new pop-up storefront, and hopes to see people dropping in through August and September.

"Our aspiration is ... to really try to demystify planning,"

Soward said about projects and city issues the centre addresses, like Switch: Open Streets, an initiative aimed at expanding the variety of transportation on city streets.

"There's a growing interest and appetite for those topics," Soward said.

Those walking down Barrington Street or waiting for a bus can drop into the 500-square-foot space and check out scale models, ask questions and hear project presentations and the Cities Alive podcast, Soward said.

Besides helping Barrington come alive, the pop-up is a way to gather public feedback on ideas like turning the intersection of Morris and Queen streets into a plaza, Soward said, or what the Argyle street-scape should look like after the Nova Centre goes up.

Soward said a long-term goal is to have HRM take up its model of a pop-up community information space.

Residents can find out what's going on even if they

Hours of operation

Drop in to The Planning & Design Centre pop-up Monday, Wednesday or Friday any time from 1 to 5 p.m.

miss a public hearing.

"If there's something a little bit more informal ... we would love to see that," Soward said.

Paul MacKinnon of the DHBC said moving to street level helps them feel "in the heart of things," although their office only moved in two weeks ago, so their main sign isn't up yet.

"We've stuck out a bright patio set," MacKinnon said, noting that people already stop and chat as he checks emails there in the morning.

MacKinnon said the pop-up space will house the Halifax Chamber of Commerce around Nocturne this fall, and businesses or other groups can "activate" the storefront year-round.



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H&M

Ambassatours Gray Line hooks up with Murphy's

Working together.

Companies offering bus, boat tours announce merger that will give momentum to Murphy's pending expansion plans

A new merger could mean a big shot in the arm for a local tourism company — and the introduction of Harbour Hoppers across the Maritimes.

Ambassatours Gray Line and Murphy's The Cable Wharf announced the new partnership Wednesday, saying it creates

Canada's "largest and most diverse" sightseeing company.

"While bigger isn't always better, I feel confident in this case it will be much better," said Ambassatours Gray Line president Dennis Campbell.

Ambassatours products are the top choice of cruise ship passengers to Halifax, and Murphy's products are the pick of tourists, so the marriage between the two will be of benefit to the provincial tourism economy.

"When visitors call us up ... we usually try to encourage them to try to stay as long as they can in Nova Scotia and experience as many of our prod-

Quoted

"It's exciting, it's scary, it's all those things."

Murphy's CEO Jeff Farwell on the merger with Ambassatours Gray Line

ucts as they can," he said. "Now we'll be doubling our product offering."

Campbell said Murphy's also gains access through the Ambassatours licence to promotion on websites like Travelocity and Orbitz.

Murphy's CEO Jeff Farwell said he's been considering a merger for several years, and



A Harbour Hopper in Halifax.

JEFF HARPER/METRO

other parts of rural Nova Scotia over the next few years.

He's also looking at some additions in Halifax that would appeal to locals as well as visitors.

"We're looking at reinvigorating some trips from Halifax to Peggy's Cove by boat, which is a great experience for any local; it's beautiful," he said, adding that about half of all Harbour Hopper riders are local residents.

"If we can get George's Island open and start working with Parks (Canada) on that, that's our Alcatraz, sitting right here in the harbour."

RUTH DAVENPORT/METRO

In the air

Drone sighting by Jazz pilots investigated

Transport Canada says it is investigating the sighting of a possible drone by the pilots of a commercial Jazz aircraft on a flight from Halifax to St. John's, N.L.

The department says the sighting occurred Aug. 3.

The pilots of the Bombardier aircraft reported seeing a red and white vertical tube with a rotor less than 300 metres above the aircraft.

Transport Canada says it is trying to determine whether a violation occurred and whether enforcement action is required. THE CANADIAN PRESS

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Worker tends to The Lord Nelson on the Halifax Waterfront

A crew member of the tall ship The Lord Nelson works on the rigging on Wednesday. The Southampton-based ship is docked along the Halifax Waterfront and is due back in London in early September. JEFF HARPER/METRO

HOT SUMMER SAVINGS on now at Atlantic Fabrics!

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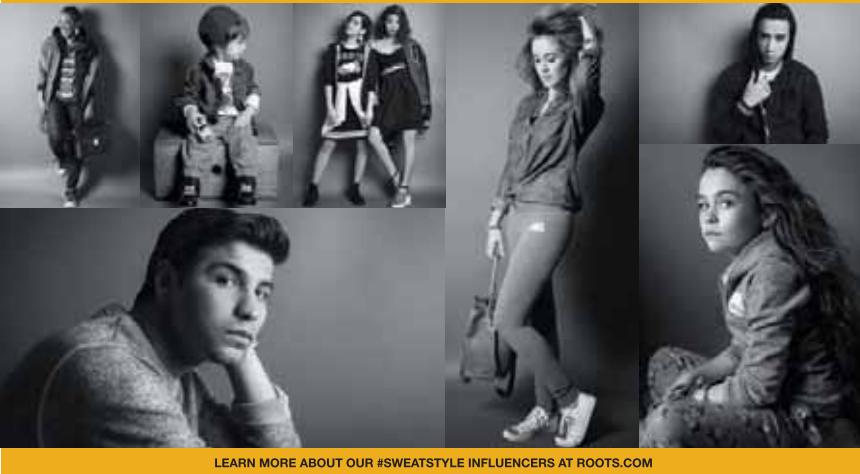
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Krista Hull, interim director at the Khyber Centre for the Arts, gets an art display ready in the centre's new space on Cornwallis Street on Wednesday. JEFF HARPER/METRO

Stacks of wax to help arts society

Record sale. Halifax musician selling vinyl collection to support Khyber Arts Society



RUTH
DAVENPORT

ruth.davenport@metronews.ca

A Halifax musician and writer is hosting a fundraiser this weekend to raise some money for the beleaguered Khyber Arts Society — and to dispel the notion that the Khyber is beleaguered.

"I think there's so much in the media now about the Khyber struggling, the Khyber's fight — to actually hear about the Khyber being active and facilitating a community event ... that's what everyone wants to hear," said Ryan Allen this week.

Allen is selling off his personal collection of more than 1,000 vinyl records during an event set for Saturday and Sunday in the Khyber's temporary space on Cornwallis Street.

He'll donate \$2 from the

sale of every disc to the society, which is not only dealing with the costs of relocating to a smaller space, but reeling from the city staff recommendation to sell its Barrington Street headquarters, deemed too derelict to renovate.

"The city really needs an institution like the Khyber ... and the Khyber having a presence downtown is pretty valuable, it makes Halifax a very unique city," said Allen, a former Khyber volunteer and events co-ordinator.

Krista Hull, the Khyber's interim artistic director, said Allen's sale is just one of several steps that supporters have taken in response to the potential sale of 1588 Barrington.

"A new group has started called Friends of the Khyber; they're going to be circling petitions and having actions closer to the next council date, a town hall meeting, things like that," she said, adding Friends of the Khyber will likely have a petition present during the weekend fundraiser.

The staff report will return to council in September, when

Calling all record nerds

What: Fundraiser record sale for the Khyber.

When: Saturday and Sunday, 11 a.m. to 5 p.m.

Where: Khyber Centre for the Arts temporary space, 5521 Cornwallis St.

Coun. Wayne Mason is expected to ask city staff for a detailed assessment of the 100-year-old building's condition.

Hull said her focus for now is on programming in the new space, but she said it is essential for supporters to contact their councillors and let them know the Khyber needs to return to its downtown headquarters.

"It's so important to have culture downtown," she said. "The downtown core needs invigoration. They say they want to be a world-class city. You can't be a world-class city unless you're supporting the arts."

Safe and sound

Halifax police locate missing girl from Porters Lake

Police in Halifax have located a missing 15-year-old

girl from Porters Lake.

On Wednesday afternoon, the RCMP issued a release saying that Brittany Eisan was missing and was last seen on Tuesday evening in her home community.

A few hours later,

the RCMP say Eisan was located safe and sound by Halifax Regional Police and taken to the IWK Health Centre to be assessed. METRO

For more local news, visit metronews.ca



Time to grab the pawpcorn

Just for Cats. Hour-long collection of Internet's greatest cat videos to raise funds for felines

 HALEY RYAN
haley.ryan@metronews.ca

Halifax is welcoming a cat film festival to Citadel Hill on Saturday, and we're not kitten around.

Just for Cats, a compilation of the "best of the best" viral cat videos on the web, has been travelling across the country through the Canadian Federation of Humane Societies in order to raise money and awareness for feline issues, says organizer Linda Felix.

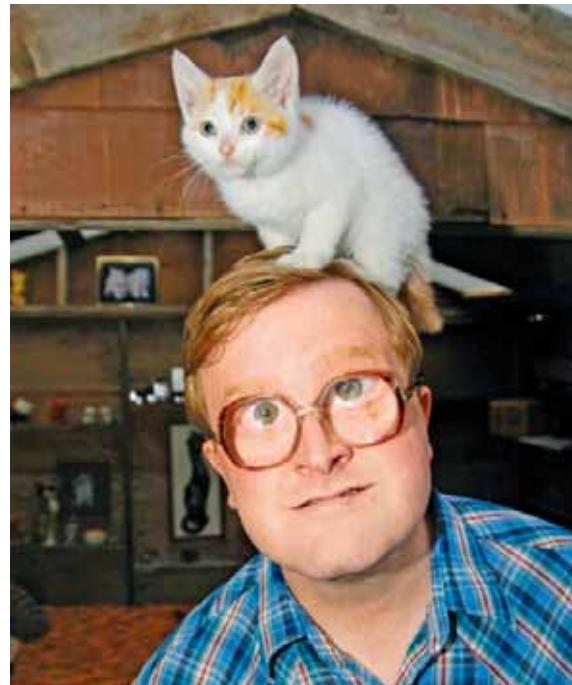
"All the great videos that everybody likes to watch from time to time when they need a smile," said Felix of Spay Day HRM.

The 70-minute film from the Walker Art Centre features famous felines like Grumpy Cat, Maru, Simon's Cat and Henri le Chat Noir — Felix's favourite — on a big outdoor screen.

Doors open at 7 p.m. and activities start at 8:15, including a costume contest and appearance from the most cat-

Interested?

For details and where to buy advance tickets, go to: spcans.ca/justforcatshalifax



Bubbles, a.k.a. Mike Smith, during a scene from *Trailer Park Boys*, with one of his beloved cats. CONTRIBUTED TO TORSTAR NEWS SERVICE

crazy member of Sunnyvale Trailer Park.

Mike Smith, best known as Bubbles from the *Trailer Park Boys* show and movies, is set to perform *Kitties Are So Nice*.

"Who wouldn't like to see it sung in person?" Felix asked. "He was anxious to help."

Proceeds will be split between hosts Spay Day HRM and the Nova Scotia SPCA.

Felix said her organiza-

tion spays and neuters cats for low-income families but are working with zero funds right now.

Ashley Burke of the SPCA said funds will go toward spaying more cats, nursing cats that arrive sick and allowing the SPCA to do more work targeting cat hoarding.

"It is important that we raise awareness for cats ... and we keep beating the drum to make things happen," Felix said.

Rare bear sightings on Cape Sable Island

Residents on Cape Sable Island were more than a little surprised when they started spotting bears throughout the island this summer.

While it may be bear season, many residents could not remember a time when bears had reached the island.

"The causeway has been there for a long time," said Bruce Nunn, communications specialist for the De-

Response

"We will have a trap there by Thursday."

Bill DesChamp, technician from the Department of Natural Resources

partment of Natural Resources. "It probably ambled along the roadside at night."

He said the bears are coming out for compost bins

and easy access to food. He recommends residents keep their compost in the freezer or shed until garbage pick-up.

Bill DesChamp, DNR technician, said there seems to be an increase in the number of bear sightings this year.

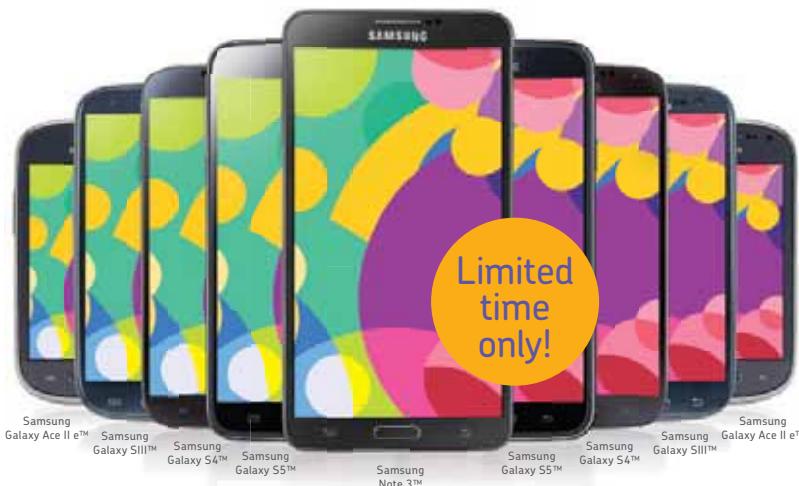
"Usually what people are seeing is juvenile bears at this time," he said. "It is bear season from June to October."

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Hitchhiking robot enters final leg of its Halifax-to-Victoria journey

A face you can trust.
So far, hitchBOT has crashed a wedding, shaken its robo-booty and checked out a powwow

The chatty, social-media-savvy robot that's been thumbing rides with Canadians over the past three weeks is nearing the end of its Halifax-to-Victoria hitchhiking adventure.

Its creators say the last time it checked in early Wednesday morning, hitchBOT was passing through Kelowna, B.C., on its way to the Open Space art centre on Vancouver Island.

"We were expecting the unexpected," said the robot's co-creator David Smith, who teaches in the department of communication studies at McMaster University in Ham-

ilton, Ont. "But there's no way that we could have expected the number of really memorable and significant events that hitchBOT participated in."

Since its more than 6,000-kilometre journey began in Nova Scotia on July 26, the Wellie-wearing robot has been camping in New Brunswick's Kouchibouguac National Park, attended a First Nations powwow on Manitoulin Island in Ontario and even crashed a wedding in Golden, B.C.

HitchBOT is an interdisciplinary research project conceived by a team of Ontario-based communications researchers studying the evolving relationship between people and technology.

"It's been really, really exciting," said Smith from his office in Hamilton. "We've been actually really impressed and in some cases deeply moved by people's responses."

HitchBOT has dipped its yel-



David Harris Smith, assistant professor of communication studies at McMaster University, poses for a photo with his hitchBOT last month in Halifax. JEFF HARPER/METRO FILE

low Wellington boots in Lake Superior, taken in some musical performances in Kelowna and even shaken its robo-booty to the Harlem Shake while

passing through the Prairies.

Along the way, it has kept track of its adventures on social media, where tens of thousands of fans follow its Twitter, Face-

book and Instagram updates.

That's in addition to the hundreds of people who have met the robot face to lens, said Smith.

#Robo-booty

As of Wednesday, hitchBOT's Instagram following was approaching 11,000. Its Facebook account had garnered more than 41,000 likes and nearly 32,000 people had followed it on Twitter.

As for what's next, Smith said hitchBOT and its team have been invited to present at an innovation and entrepreneurship conference in Silicon Valley in September, as well as planned visits to various museums and galleries across Canada.

Smith said he also hopes to organize stopovers to some of the communities that had expressed disappointment that hitchBOT had been unable to thumb through and say hello.

THE CANADIAN PRESS

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HALIFAX

Author pens the ultimate in staycation accessories

Go out and explore.

Jon Tattrie's Day Trips From Halifax is a rich, humorous guide to dozens of destinations around the province

 RUTH DAVENPORT
ruth.davenport@metronews.ca

A Halifax author's new book details a wealth of historical, natural and gastronomical delights to discover — all without leaving the province.

Jon Tattrie's Day Trips from Halifax outlines 45 destinations across Nova Scotia that could be explored on your next day off. The possibilities range from a quick trip to Fisherman's Cove to a four-hour hot-air balloon trip to a more introspective visit through the ghost town of Roxbury.

"The idea is, you buy the book, throw it in your backpack and when it's a Saturday in May, pick a destination," said Tattrie. "Maybe you do the things I suggest or maybe you find something more fun on the way."

Tattrie has explored most corners of the province either as a journalist or in the course of doing research for his previous books. He said he needed a lift after exploring the weighty topics of the Halifax Explosion, the dislocation of Africville and Edward Cornwallis' violent interactions with Mi'kmaq people — and Day Trips provided just that.

"It got me to go out there

Ideas to try

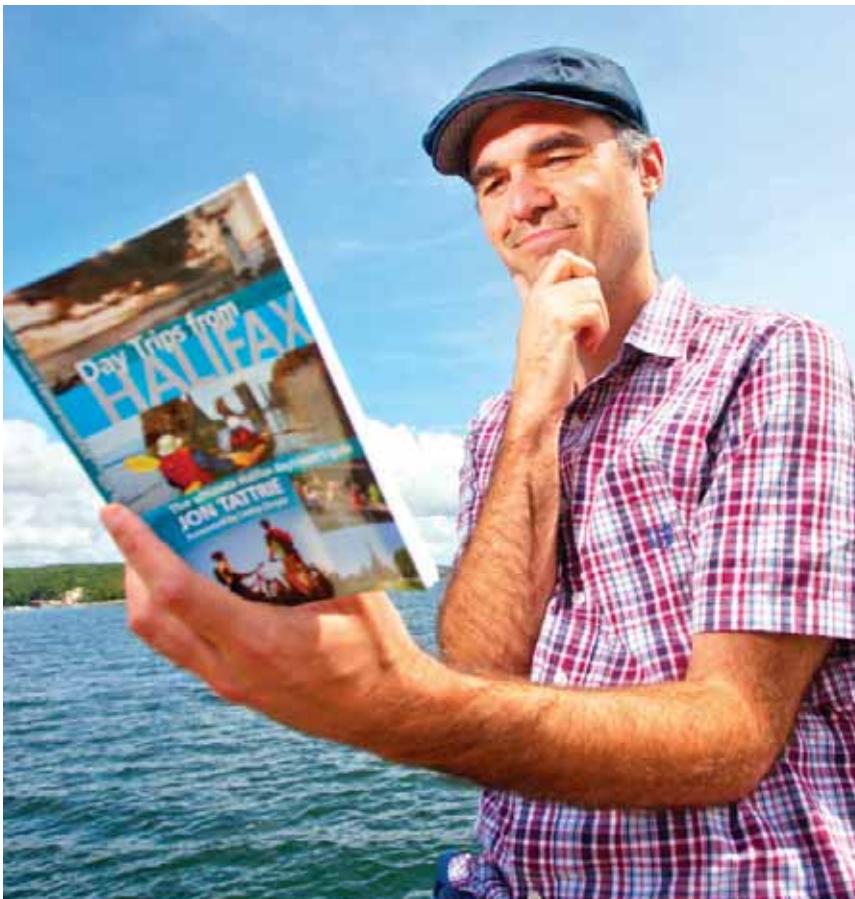
- 1** A hot-air balloon trip over the Annapolis Valley.
- 2** Moonlight Night Tours in Shubenacadie Wildlife Park.
- 3** Learn the Mi'kmaq Alphabet and a few words at the Glooscap Heritage Centre.
- 4** Take a candlelight graveyard tour of the oldest English graveyard in Canada in Annapolis Royal.
- 5** Bundle the kids up in winter and go for an oxen-drawn sleigh ride at Ross Farms.

and live bigger and try things I might not have thought of doing in my own province, so I hope it does that for other people, too," he said.

Some of the destinations involve activities — skydiving and hiking — while others involve museums or "living history" centres like Ross Farm or Memory Lane.

Others, such as the remnants of Electric City, are what Tattrie calls a more "contemplative" experience, but each offers the chance to consider your home province through a different lens.

"You wonder, why is Halifax a vibrant city today, where Electric City fell off the map?" he asked. "Why do some places survive and others disappear? What will Halifax look like in



Author Jon Tattrie poses for a photo along the Bedford Waterfront on Wednesday with his new book, Day Trips From Halifax. JEFF HARPER/METRO

800 years?"

The book includes directions and recommendations for specific sights or attractions, along with history and trivia about the destination and the

people who helped create it.

"A lot of the great history isn't marked, so this is an invitation to go and stand there and mark it in your mind, understand what people lived

there and what it was like," said Tattrie.

Follow Ruth Davenport on Twitter @ncnvenienttruth



Search

Cape Breton cops seek missing teen

Police in Cape Breton are trying to find a missing 15-year-old girl who hasn't been seen in over a week.

Cape Breton Regional Police say Tessa Marie

MacDonald of New Waterford was last seen leaving her home on Ripley Street on the night of Aug. 3.

She didn't return home and was reported missing to police by her family.

MacDonald is described as five-foot-seven, weighing 150 pounds with brown hair and brown eyes. She was last seen wearing black pants and a blue East Coast sweater.

Anyone with information about MacDonald's whereabouts is asked to contact Crime Stoppers or Cape Breton Regional Police at 563-5151. METRO

Purdy Crawford

'Business giant' mourned

A former Five Islands man is being remembered as a "business giant" who conquered boardrooms, a leading expert on corporate governance and a role model.

Purdy Crawford, a lawyer and a businessman who once headed Montreal-based Imasco Ltd., died Tuesday at age 82.

Crawford's death was confirmed by the Toronto legal firm Osler, Hoskin & Harcourt, where Crawford began as a corporate lawyer in the 1950s. TRURO DAILY NEWS



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Katie Lohnes
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Domestic violence

Lax penalty appalls Maine governor

Maine Gov. Paul LePage has told the NFL's commissioner that he is appalled by the slap on the wrist given to Ray Rice, who allegedly struck his then-fiancée. Rice was punished with a two-game suspension for a domestic violence arrest.

Lepage said that simply suspending players for domestic violence can send a message that such behaviour is acceptable.

THE ASSOCIATED PRESS

Mont Blanc

Six found dead on French mountain

Six French climbers died in a fall on France's Mont Blanc, officials said Wednesday. Jean-Baptiste Estachy, head of the Mont Blanc rescue squad, said five bodies were found Wednesday morning and the body of the sixth victim was later pulled out from the bottom of a crevasse.

THE ASSOCIATED PRESS

Special prosecutor approves Bountiful polygamy charges

Sect leaders charged.

Community members are part of Fundamentalist Church of Jesus Christ of Latter Day Saints

Polygamy charges against two men have been approved by a special prosecutor in the long-running investigation of the community of Bountiful, B.C.

Independent Special Prosecutor Peter Wilson announced Wednesday that sect leaders Winston Kaye Blackmore and James Mario Oler each face charges of polygamy, and that Oler also faces a charge for the alleged unlawful removal of a child from Canada.

In addition, Brandon James Blackmore and Emily Ruth Crossfield each face a charge for the unlawful removal of a child from Canada.

The RCMP has been inves-



Winston Blackmore, the religious leader of the polygamous community of Bountiful, B.C., shares a laugh with six of his daughters and some of his grandchildren on April 21, 2008. JONATHAN HAYWARD/THE CANADIAN PRESS

tigating the polygamist community near Creston, B.C., over the past two decades.

Blackmore is considered

the leader of the community of 1,000 people, who are members of the Fundamentalist Church of Jesus Christ of Latter Day

Saints, which also has communities in Arizona, Texas and Utah.

Blackmore and Oler were first arrested on polygamy char-

ges in 2009, the first time Canada's polygamy laws have been enforced. After their arrests, the B.C. Supreme Court initiated a Reference to determine whether section 293 of the Criminal Code (the polygamy provision) was consistent with the Canadian Charter of Rights and Freedoms. The court upheld section 293 as constitutional.

The Criminal Justice Branch said the charges approved by Wilson are similar to the ones they were originally charged with in 2009. Oler's charge of alleged unlawful removal of children — with the intention that an act of sexual interference or invitation to sexual touching be committed outside Canada — is based on new information as a result of investigations in the U.S., it said.

Blackmore and Oler's first appearances are anticipated to be on Oct. 9 in provincial court in Creston.

MATT KIELTYKA/METRO IN VANCOUVER
WITH FILES FROM KRISTEN THOMPSON

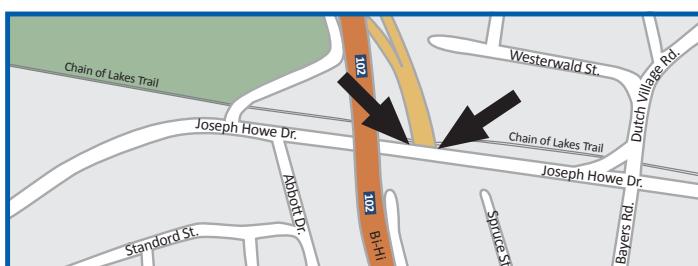


Road Closure: Highway #102 at Joseph Howe Dr. Intersection

Dexter Construction, on behalf of Halifax Water, is undertaking construction activity along the BLT and Chain of Lakes trails related to the Lakeside Pump Station Diversion Project.

The project involves the installation of approximately 8.5 km of new sewer pipe from Raines Mill Road to the area of the Atlantic Superstore on Joseph Howe Drive.

Part of this work will require the closure of the Highway#102 On/Off ramps at the intersection of Joseph Howe Drive. **This closure will be in effect from 9PM Friday, August 15 until 5AM Monday, August 18.** During this closure, there will be no vehicle access inbound or outbound to Highway#102 at the intersection. Joseph Howe Drive will remain open.



Halifax Water regrets any inconvenience this temporary road closure may cause.

Full Lakeside Diversion Project details can be found anytime at www.lakesidediversion.com

Questions still linger about use of untested Ebola drugs on patients

Doctors treating a leading Sierra Leone physician who became sick with Ebola considered giving him an experimental drug but feared it could trigger a dangerous immune response and did not administer it, Doctors Without Borders said Wednesday.

The revelation came the same day that another top doctor from Sierra Leone died of the disease, fuelling a debate about how to apportion a limited supply of untested drugs and vaccines and whether they are even effective.

Ebola has killed more than 1,000 people and sickened nearly 2,000 in the current West African outbreak that has also hit Guinea, Liberia and Nigeria.

At the time, the experimental treatment was being considered for Dr. Sheik Humarr Khan, his immune system was starting to produce antibodies suggesting he might recover, Doctors Without Borders said in a statement.

Khan was due to be transferred to a European hospital that would be more capable of handling side-effects that may arise with the experimental drug, it said.

In the end, the treating phys-

Difficult choice

"Trying an untested drug on patients is a very difficult decision, particularly in the light of the 'do no harm' principle."

Statement from Doctors Without Borders

cians decided against using the drug. They never told Khan of its existence because they felt it would be unethical to tell him of a treatment they might not use. Shortly after their decision, however, Khan's condition worsened, the statement said, and the company providing the medical evacuation decided not to transfer him. He died a few days later.

The drug is believed to be ZMapp, an experimental drug that has been already been given to three people.

Meanwhile, the debate over experimental treatments and vaccines still continues. Canada has promised to donate 800 to 1,000 doses of its untested Ebola vaccine to the World Health Organization and questions are being asked about who will get it and how scientists will determine if it works.

THE ASSOCIATED PRESS

TKM-Ebola

Company 'evaluating options' for Ebola drug

Tekmira Pharmaceuticals Corp. says it's in talks with governments and non-governmental organizations in various countries about the potential use of its experimental Ebola drug in infected patients.

The Vancouver-based company says it's "carefully evaluating options" for using its unapproved TKM-Ebola drug, but it can't assure an appropriate framework will be found.

The U.S. Food and Drug Administration has relaxed a clinical hold on testing of TKM-Ebola, potentially enabling its use in patients stricken with the virus.

Tekmira has a \$140-million contract from the U.S. Defense Department to develop TKM-Ebola.

THE CANADIAN PRESS

Hold off on holding salt, study suggests

Health. New research questions the need to reduce sodium intake, although scientist says 'most people should stay where they are' and not eat more salt

A large international study questions the conventional wisdom that most people should cut back on salt, suggesting that the amount most folks consume is OK for heart health — and too little may be as bad as too much. The findings came under immediate attack by other scientists.

Limiting salt is still important for people with high blood pressure — and in fact, a second study estimates that too much sodium contributes to up to 1.65 million deaths each year.

The studies both have strengths and weaknesses, and come as the U.S. government is preparing to nudge industry to trim sodium in processed and restaurant foods.

The first study's leader, Dr. Salim Yusuf of McMaster University's Population Health Research Institute in Hamilton, urged keeping an open mind.

"There are those who have made a career out of



A large international study challenges the advice for most people to cut back on salt. Unless they have high blood pressure, the amount most folks consume is OK for heart health, and too little may be as bad as too much, the study suggests. CLIFF OWEN/THE ASSOCIATED PRESS FILE

promoting extreme sodium reduction that will attack us," he said. It's better to focus on healthy lifestyles and overall diets instead of a single element, "and that is something everyone can

rally around."

No one should view this as permission to eat more salt, he said, adding that "most people should stay where they are."

The study was sponsored

by the McMaster institute, non-profit and government groups and industry, but funders had no role in running it. The countries included Canada but not the United States; China accounted for

42 per cent of participants. About 40 per cent had high blood pressure.

Sodium levels were estimated from a single urine test instead of the preferred method of over 24 hours at

Researchers found:

- Sodium levels generally correlate with the risk of high blood pressure. But this link is strongest when sodium intake is high and wasn't seen at all when consumption is low.
- A different nutrient — potassium — seems to lower blood pressure and heart risks, and offsets sodium's effect.
- People who consume 3 to 6 grams of sodium a day had the lowest risk of heart problems or death from any cause during the nearly four-year study.

multiple times, which Yusuf said was impractical in such a big group.

That drew criticism from a host of scientists.

"This is a fundamental flaw" that undermines confidence in the results, said Dr. Elliott Antman, president of the Heart Association.

Dr. Robert Eckel, a University of Colorado cardiologist and a former Heart Association president, said the single measure is a big limitation, but that researchers "did the best they could" in such a large study and that the findings still have some merit.

THE ASSOCIATED PRESS

Klaus Nielsen

Researcher pleads guilty in bacteria-smuggling case

The puzzling case of the renowned Canadian infectious disease expert who tried to smuggle dangerous bacteria to China neared its end Wednesday as the disgraced scientist pleaded guilty to 11 charges.

Klaus Nielsen, 68, a one-time lead researcher at the Canadian Food Inspection Agency, remains free on bail until his sentencing.

A statement of facts agreed to by Nielsen's lawyers and the Crown provided details of Nielsen's attempt to take vials of Brucella bacteria to China in his luggage two years ago.

But it still left one question largely unanswered: Why did Nielsen put his 32-year career and reputation as a scientist on the line?

THE CANADIAN PRESS



Oath to the Queen upheld by Ontario court

Jamaican citizen Simone Toney, left, is seen outside the Ontario Court of Appeal with her lawyer Selwyn Pieters in Toronto on April 8. Citing the "symbolic" nature of the citizenship oath, Ontario's top court has dismissed a constitutional challenge by three permanent residents who claim swearing allegiance to the Queen is discriminatory and unjust. Toney was one of three who argued that the provision in the Citizenship Act that requires would-be citizens to swear to be "faithful and bear true allegiance to Queen Elizabeth the Second, Queen of Canada, her heirs and successors," violates the Charter of Rights and Freedoms. COLIN PERKEL/THE CANADIAN PRESS

Toronto. Man stabbed for accidental shoulder bump while walking and texting

A 33-year-old man was stabbed in the heart and remains in critical condition after he accidentally bumped shoulders with another pedestrian while walking and texting in downtown Toronto, police said Wednesday.

The man was walking while sending a message on his phone just after midnight.

He bumped the passerby, who took the contact as a "perceived slight" and allegedly attacked him, police said.

Const. David Hopkinson said the texting man's attempt at self-defence only further offended the two suspects, causing one of them to stab him in the heart.

The victim was rushed

to hospital, where he was last reported in critical but stable condition.

Hopkinson said the incident near the city's Yonge-Dundas Square seems "totally unique or random."

"It seems like it makes no sense."

A man was arrested shortly after, while another is sought by police.

Mohamed Ali, 27, is charged with attempted murder and aggravated assault.

Police describe the second suspect as white, five-foot-eight with short dark hair, and a chin-strap beard.

Officers say he was wearing a black-and-white sweater and may be familiar to those in the Yonge-Dundas area. THE CANADIAN PRESS

Scrabble championships. It's all fun and games, till someone loses an 'I'

The world's best Scrabble players are squaring off for the title of Scrabble champion.

The 25th National Scrabble Championships began in Buffalo on Sunday, with 525 players from 11 countries competing for the \$10,000 top prize.

By the time it's all over, contenders in five different divisions will have played 31 games each over five days, with rankings based on win-loss records and the number of points by which they outscore opponents.

The player to beat is five-time champion Nigel Richards, an Australian who lives in Malaysia. Will Anderson, an editor from Croton-on-Hudson, was hoping to spell out a serious challenge after finishing third last year.

"He's like the Michael Jordan of our game," said Anderson, who prepared for the games by solving jumble-word lists and playing practice matches. "He's in a class by himself and his command of the dictionary is unbelievable."



The 'Q' tile is handy for big scores, being one of two letters worth 10 points. THE ASSOCIATED PRESS

Mark Przybyszewski, Buffalo's top player, was pretty sure he wouldn't win the world title but was confident he would retain his ranking as having the highest-scoring name in Scrabble, worth about 39 points on the board.

"I play better when I'm playing better players," said Przybyszewski.

The tournament began days after 5,000 new words were added to the official Scrabble dictionary.

THE ASSOCIATED PRESS



Paris nixes padlock fixes

Latvians Regina and Vadim Medvedev pose for a selfie on the Pont de l'Archeveche in Paris during their honeymoon. Paris hopes to persuade visiting couples to end the recent and unwelcome tradition of fixing padlocks to the Pont de l'Archeveche. MICHAEL EULER/THE ASSOCIATED PRESS

Justin Bieber. Canadian pop singer pleads guilty, avoids DUI conviction

Pop star Justin Bieber pleaded guilty Wednesday to mis-demeanour charges of careless driving and resisting arrest seven months after his arrest in Miami Beach.

The 20-year-old pop star's plea deal with prosecutors, detailed at a court hearing, includes a 12-hour anger management course, a \$50,000 charitable contribution and a \$500 fine. The deal allows Bieber to avoid a driving-under-the-influence conviction.

A charge of driving with an

expired licence was dropped when Bieber provided a valid one.

Miami-Dade County Judge William Altfeld said he wants the case and the worldwide negative publicity it generated for Bieber to serve as an important lesson to the singer and his millions of fans.

"I hope that he realizes his actions not only lead to consequences that affect him but they lead to consequences that affect others that are looking up to him as a role model." THE ASSOCIATED PRESS

Pittsburgh

Alleged whiskey thief dies, avoids jail

The former live-in caretaker of a Pittsburgh-area mansion has died, ending criminal charges that he drank more than \$102,000 worth of old whiskey that he was supposed to be guarding.

A district judge last year ordered 63-year-old John Saunders to stand trial after hearing testimony from the owner of the South Broadway Manor Bed and Breakfast.

The mansion's owner claims Saunders, who died July 21, hid nine 12-bottle cases of whiskey inside the century-old mansion.

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This Nov. 13, 2011, file photo shows actor Robin Williams, left, and his daughter, Zelda, at the premiere of Happy Feet Two in Los Angeles. KATY WINN/THE ASSOCIATED PRESS FILE

Williams' daughter quits social media

Online abuse following dad's death. Accounts of both alleged bullies were suspended

Robin Williams' daughter has abandoned her online social media accounts in disgust following what she called "cruel and unnecessary" messages following her father's death, a move that has prompted Twitter to explore how it handles such situations.

Zelda Williams, 25, wrote that she was stepping away

from her Twitter, Tumblr and Instagram accounts "for a good long time, maybe forever."

The move came after at least two users upset the grieving actress by sending disturbing images and verbal attacks. In one of her last tweets on Tuesday night, Williams asked fellow users to report her alleged tormentors to Twitter managers. "I'm shaking," she wrote.

One of the images was a Photoshopped image of Robin Williams purporting to be his corpse.

Well-wishers and fans online quickly rallied to Zelda Williams' defence, and the

accounts of both alleged bullies were suspended by Wednesday.

"We will not tolerate abuse of this nature on Twitter," Twitter said in a statement Wednesday afternoon. "We have suspended a number of accounts related to this issue for violating our rules and we are in the process of evaluating how we can further improve our policies to better handle tragic situations like this one. This includes expanding our policies regarding self-harm and private information, and improving support for family members of deceased users."

THE ASSOCIATED PRESS

White House planning Iraq rescue operation

The United States is planning an international effort to whisk displaced people to safety in Iraq, and it appears there may be a supporting role for Canada.

The U.S. says it's in discussions with several countries including Canada about helping Yazidis, Iraqi Christians, and other people who have become displaced by the advance of Islamist fighters.

At a White House briefing Wednesday, deputy national se-

curity adviser Ben Rhodes said the U.S. was taking up offers to help those who are under threat from the al-Qaida splinter group, the Islamic State of Iraq and the Levant.

"We have offers of support from a number of allies like France, Australia, Canada," Rhodes said. "We'll be in discussions with them about what they can do both as it relates to helping the Yazidi population... but also, more broadly, helping

bring relief to the displaced persons in northern Iraq, which includes not just Yazidis but an enormous number of Iraqi Christians and others who have been driven from their homes by ISIL."

It's expected that most countries would play a humanitarian-assistance role while the U.S. weighs options for a military mission to help move tens of thousands of people away from the area. THE CANADIAN PRESS



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Crumbling venues, billions over budget define Athens '04's legacy

Greece. Ten years on, the glamour of the 2004 Olympic Games has worn away, leaving only a country in recovery

In an obscure corner of a park sits a forlorn reminder that, 10 years ago, Athens hosted the 2004 Summer Olympics. The crumbling miniature theatre is inscribed with the words "glory, wealth, wisdom, victory, triumph, hero, labour" — and is where Olympic officials planted an olive sapling bearing their names for posterity.

Once a symbol of pomp, the marble theatre is now an emblem of waste in a venture that left a mixed legacy: a brand-new subway, airport and other vital infrastructure that significantly improved everyday life in a city of four million, set

against scores of decrepit sports venues built in a mad rush to meet deadlines — with little thought for post-Olympic use.

As Greece groans under a cruel economic depression, questions linger about whether the Athens Games were too ambitious an undertaking for a weak economy. While economists agree it would be unfair to blame the meltdown on the 17-day Games, the post-Olympic era is seen as a decade of lost opportunities.

"We didn't take advantage of this dynamic that we got in 2004," said former Olympic weightlifting champion Pyrros Dimas, now a Socialist member of Parliament. "We simply made the biggest mistake in our history: We switched off, locked up the stadiums, let them fall to pieces, and everything finished there."

Many projects cost millions more than first thought, resulting in a debt of 8.5 million euros. **THE ASSOCIATED PRESS**



Tourists visit Panathenaic stadium in Athens earlier this week. PETROS GIANNAKOURIS/THE ASSOCIATED PRESS

AUGMENTED REALITY

→ There are a number of athletic venues that have not aged well. For more photos of crumbling Olympic venues, scan this photo with your Metro News App.



→ See the full instructions on Metro's Voices page.

Athens 2004

- The country has pegged the cost of the games at 8.5 billion euros.
- Greece went well over budget, spending 13 to 14 million euros on projects.



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Showing our true patriot love for BTMs

Kyle Kemper, CAVIRTEX's vice-president of business development, introduces six new Bitcoin Teller Machines in Toronto on Wednesday. With the launch of six new BTMs in Toronto and four more to roll out across the country shortly, Canada now has more BTMs than anywhere else on the planet. The fleet of BTMs are being released by CAVIRTEX — Canada's largest Bitcoin exchange and service provider. The machines are located in high-traffic Gateway Newsstands locations across the Greater Toronto Area. CAVIRTEX plans to install an additional four machines in Vancouver, Niagara, Ottawa and Halifax.

NATHAN DENETTE/THE CANADIAN PRESS



Tech. Amazon squares off against Square with new credit-card reader and app

Amazon is taking direct aim at mobile payment systems such as Square by introducing the Amazon Local Register in the U.S., a credit-card processing device and mobile app designed to help small business owners accept payments through their smartphones and tablets.

The move places the largest U.S. e-commerce retailer in competition with Square and other established mobile payment processing systems such as PayPal Here and Intuit's Go-Payment.

Amazon's technology includes a card reader that attaches to a smartphone, Kindle or tablet. The reader processes credit or debit card payments via a secure Amazon network,



This image provided by Amazon shows Amazon Local Register.
AMAZON/THE ASSOCIATED PRESS

the same one that processes Amazon.com purchases. The service is designed to serve on-the-go small business owners who might otherwise only accept cash or cheques, including massage therapists, food truck operators and artists who sell their work at outdoor fairs.

THE ASSOCIATED PRESS

TODAY'S HOROSCOPE:

Neptune is suggesting that now may be the perfect time to get the Metro News App

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Money is for charity. Most bids for Sam Sung's business cards were fake

A B.C. children's charity is disappointed after the majority of eBay bids for the last business card belonging to former Apple Store employee Sam Sung turned out to be fake.

On Tuesday, Sung and eBay decided to remove the majority of bids for the framed and autographed presentation of his last's Apple business card, T-shirt and lanyard that he was auctioning off for the B.C. and Yukon chapters of the Children's Wish Foundation.

The bidding had previously reached a shocking \$80,200 U.S. On Wednesday morning, the highest bid sat at \$1,965.

Jennifer Petersen, director of the charity's B.C. and Yukon chapters, said she was disheart-

ened to see the drop in bids, which could have gone on to grant wishes to eight children suffering from life-threatening illnesses.

"We were cautiously optimistic earlier this week, but as suspected it seems that the current bidders may not be serious bidders," Petersen said in a statement.

Sung, a former Apple Specialist who previously worked at the Vancouver Pacific Centre store location, rose to Internet fame in October 2012 when a photo of his business card bearing his coincidental name went viral online at a time the two rival tech giants were engaged in a bitter patent war. THANDI FLETCHER/METRO IN VANCOUVER

.wtf? Yes, that is a real domain suffix

Dot what? The days of only .com or .ca are over, and a Canadian has launched one of the most popular alternative web suffixes so far — .club

Guessing a website address used to be simple. Stick a .com or .ca at the end of a company or organization's name and most of the time, that would do it.

But there's a flood of new generic top-level domains (gTLDs) hitting the web, which could eventually leave consumers struggling to remember which of more than 1,400 web suffixes to type in.

The Internet Corporation for Assigned Names and Numbers (ICANN) is in the process of gradually rolling out all kinds of new

web address types, including .best, .buzz, .cheap, .cool, .expert, .guru, .ninja, .sexy and .wtf.

The most popular so far has been .club, which was launched by Canadian Colin Campbell, who previously founded the companies Internet Direct, Tucows and Hostopia.

More than 90,000 .club URLs have been registered so far and a few were sold off for five-figure fees. Eat.club was purchased for \$20,000, English.club went for \$17,500, chinese.club was bought for \$13,750, and toys.club for \$12,500, says Campbell, who also recruited rapper 50 Cent to use the web address 50inda.club for an official fan site.

Teen pop star Demi Lovato has also purchased a .club address for her fan club.

"Dot-club is short, memorable, and the interesting thing about .club is it adds meaning at the end of a domain," says Campbell explaining why he spent big bucks to acquire the rights to .club domains.

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TOP SIX @ 6

- 6 Charlie XCX Boom Clap
- 5 Maroon 5 Maps
- 4 Jessie J, Ariana Grande and Nicki Minaj Bang Bang
- 3 Becky G Shower
- 2 Ariana Grande ft Iggy Azalea Problem
- 1 Hedley Heaven In Our Headlights

Weeknights at 6 Kat counts down the HOTTEST songs of the day

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I TOTALLY MADE ALL OF THIS UP

It's time for another issue of The Beaver Examiner, a publication that will always be proudly independent from facts. I make no money running The BeavEx, but I don't lose any, making it the most successful newspaper in North America. Here's the news:

Hollywood anxiously awaits Death No. 3
LOS ANGELES — Well aware that the trinity is not complete until one more celebrity dies, Hollywood stars are refusing to leave their homes as they wait to learn who will complete the group that began with comic genius Robin Williams and legendary actress Lauren Bacall. "What's really unnerving is it could be anyone," actor George Clooney said from a secure bunker underneath his L.A. bungalow. "It could be something sad, but not that shocking, like Mel Brooks, or it could be a complete surprise, like George Clooney."



HE SAYS
John Mazerolle
metronews.ca

Vancouver Aquarium ban on whale, dolphin breeding upsets whales, dolphins
VANCOUVER — A decision by the Vancouver Park Board to ban the breeding of aquatic animals at the Vancouver Aquarium has been met with mixed reactions from scientists, and universal condemnation from the animals in question. "Let me get this straight," dolphin Helen said through a translator. "First you give me as much space to move as a downtown condo dweller, and now you take away the only fun I get? Why don't you just harpoon me now?"

Neighbourhood tidies up only when Google car visits

SAINT JOHN, N.B. — Residents of the South End admit that though they always mean to get around to it sooner, they clean up only when they know Google will be visiting. Lo-

cals recently put on their best clothes, painted over the graffiti and picked up garbage that had been littering the sidewalks since the last time the Google Street View Car was through. "It never seems that bad, and then I hear the car coming and suddenly all I can see is abandoned dog poop," said resident Colin Mackin.

Increasingly desperate Edward Snowden releases NSA employees' middle names

UNDISCLOSED LOCATION, RUSSIA — Quickly running out of revelations to share, NSA whistleblower Edward Snowden has released over two dozen potentially embarrassing middle names of NSA and CIA employees, including "Alexis" and "Marion." Snowden said the middle names the U.S. government would prefer to keep secret go all the way back to the founding of the NSA, when its first chief Ralph Canine tried to hide his middle name, Julian. Snowden also promised "big news" in September when he reveals how seldom NSA head Keith Alexander washed his hands after using the washroom.

Like diving from your desk ...



Christophe Bailhache surveys Christ of the Abyss, with the SVII cameras off the coast of Key Largo, Fla. U.S. government scientists hope people will soon be able to go online and get a 360-degree view of reefs and other underwater wonders, much like Google Map's Street View lets people look at homes.

PHILIP DUNSTAN/CATLIN SEAVIEW SURVEY/THE ASSOCIATED PRESS

... OK, no it isn't, but it is like Street View for reefs, other wonders

It's easy to go online and get a 360-degree, ground-level view of almost any street throughout the world. Soon, scientists hope people will be able to do the same with coral reefs and other underwater wonders.

U.S. government scientists are learning to use specialized fish-eye lenses underwater in the Florida Keys this week in hopes of applying Street View mapping to research and management plans in marine sanctuaries nationwide.

Some of the rotating and panoramic images will be available online as early as this week, including a selection on Google Maps, giving the public a window into ecosystems still difficult and costly to explore for long stretches of time.

About 400,000 images have been produced so far of reefs off Australia and in the Caribbean, but this is the first time the technology is being used in North American waters.

The images in the U.S. will add scale and details to data that's already been collected, and illustrate the successes and failures of coral restoration.

THE ASSOCIATED PRESS

View down under

In images previewed by project director Richard Vevers, endangered elkhorn coral, bleached fields of dead coral and coral nurseries suspended like hanging plants in the Keys' blue waters were in sharp focus as they rotated on screen.

- In an hour-long dive, each camera can capture images over an area up to 20 times larger than what's available with traditional underwater photography equipment, Vevers said.



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METRO AUGMENTED REALITY

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In this issue, you can find AR enhancements on page 12 in News, page 16 in Scene and page 22 in Sports.

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MetroTube

Under the weather



ANDREW FIFIELD
andrew.fifield@metronews.ca

Depending on where you call home, you've likely encountered some very hostile rainstorms and associated flooding this summer, often with scant warning. American states are dealing with very similar events, including Nebraska. On Saturday alone, the town of Kearney endured about nine centimetres of rain — triple the average amount for the entire month of August. The result can be seen here, as CCTV captures a terrifying surge of water crashing through the doors and windows to flood a dining room. (Good Samaritan Hospital/YouTube)



ISTOCK

Dog-loving biker duo's festival shows tail-wagging promise

Paws on the Common.

Tim Leslie and Angela Franklyn's pup-focused festival at the Emera Oval promises plenty of fun not only for dogs, but their owners, too



BACKSTAGE
PASS

Jenna Conter
halifax@metronews.ca

Tim Leslie arrives on a hog that almost any biker would drool over. He's the mind behind the successful Motorcycle and Powersport Atlantic Show, now owned by Master Promotions Ltd.,

Dog and bike show

Two legs or four, everyone is welcome to join in on the dog-centric fun at this weekend's Paws on the Common festival.

- The event is being held at the Halifax Common at Emera Oval, at 5775 Cogswell St.
- The puppy hijinks run from 9 a.m. to 6 p.m. on Aug. 16, and from 9 a.m. to 5 p.m. on Aug. 17.
- The event is pay-what-you-can. For more information on the event, please visit paws-on-the-common.com.

and I was eager to hear all about his latest creative brainchild in our interview at a local coffee shop.

Fresh off a road trip, he joined me and his associate Angela Franklyn for a chat about their new event, this weekend's Paws on the Common.

"You can expect everyone from the typical dog owners to the biggest, baddest bikers with the smallest dogs," Leslie says. "We have great, local sponsors that have helped us get this event off the ground."

Billed as Atlantic Canada's largest dog show, the family-and-Fido-friendly festival is a non-profit event, and seems poised to be a very successful festival for our furry friends.

From the creative minds of festival producer Leslie and the pro-planner Franklyn, this weekend will serve as a test run for an event Leslie feels will only grow in popularity.

"This year, we will gauge the popularity of a festival like this in HRM, so we are making it a pay-what-you-can entry fee, with the money going towards a charity," Leslie said.

"We know this is a generous city with lots of dog owners and pet lovers, and I know if I reach out, I'll get (the support) — but I didn't want to make it over-the-top and overly corporate."

Taking place on the Emera Oval, a city landmark that Leslie himself had a hand in securing, this powerhouse duo are excited to see what sorts of num-



A dog sporting sunglasses is shown on the group's Facebook page. FACEBOOK

bers — both hairy and relatively hairless — the event can attract.

The weekend is filled with events to thrill both hound and human. In addition to a costume competition and best trick contest, there will be an HRM K-9 demonstration and small dog races.

In affiliation with pup-approved organizations such as Labrador Rescue of Nova Scotia and Cool Dog Rescue, Walk the Park is leading the charge to highlight the efforts of Bid Awhile, a no-kill shelter that prides itself on providing a safe haven for rescued animals waiting to find the

perfect new home.

So leash up your furry little babies and hightail it to the Commons for a wet-nosed weekend of tail-wagging excitement.

"(It's) a festival — it's not a show," said Leslie. "We don't care if your dog is a pure breed or a mutt. All are welcome."

2
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Trading fine wine for a gunning good time

Kelsey Grammer. The man more commonly known as Frasier loosens his tie for a turn in an action flick

 NED EHRBAR
Metro World News in Hollywood

Kelsey Grammer is one of several high-profile additions to the Expendables franchise for its third outing, and even he understands people might find his inclusion in the '80s throwback testosterone-fest something of a head-scratcher. But, as Grammer tells us, he's actually tougher than people think. "I'm working at the gym. I'm punching people in the streets," he jokes. "All those punch videos you've been seeing? That's me."

This is an interesting choice for you, this franchise. What was your reaction when they first approached you?



Kelsey Grammer wants us to know he's tougher than we think he is.
GETTY IMAGES

Actually they didn't approach me. I had heard there was a role available in The Expendables. I didn't know what it was, I didn't know how it was going to play out or what the requirements really were, but I knew if I pushed a little bit, maybe their imaginations would say, "Oh. Kelsey Grammer. OK, that's a surprise."

I'm a lot tougher than



The third installment of The Expendables brings together even more '80s action flick talent than before. CONTRIBUTED

people think I am. If you know anything about my personal life, you'll realize that. I thought I could fulfil the requirements of an action film, should that be asked.

Is that something you've been looking to do?

Oh, I'd love to, I'd love to do it. And who knows, it may

happen, it may not happen. But being in this film was a complete joy for me.

And Bonaparte actually is a terrific character. He's just a guy who used to be in some kind of mercenary world and stepped away and is a procurer, basically, now. He puts together teams and he's been making some pretty good money at it.

AUGMENTED REALITY

→ Need an action fix? Scan this photo with your Metro News app for some clips from Expendables 3



→ See the full instructions on Metro's Voices page.



METRO

AR



Leah Remini and Jennifer Lopez ALL PHOTOS GETTY IMAGES

Naked Jennifer Lopez seems a little too perfect to Leah Remini

Leah Remini isn't ashamed to admit that she checks out BFF Jennifer Lopez's body. But can you blame her? "I do stare at her naked and not in a crazy way but I'm like, 'What a bitch,'" Remini jokes to E! News. "And I'll tell

her, too — 'Disclaimer: I'm staring at you, I'm looking for cellulite and looking for things that my mind could compute,' and she's like 'Well, just look and try to find it.' They do sound like fun, don't they?

Simmons to immigrants: 'Learn goddamn English'

Gene Simmons is going the tough love route when it comes to immigrants who've just made it to the U.S. "I'm actually saying the thing that needs to be said because the politically correct climate is bulls—," Simmons tells Huff Post Live. "You don't want to upset anybody by saying, 'Learn to speak

goddamn English.' So, as an immigrant, I'm telling you: Learn to speak goddamn English. It is the key that will unlock the keys to the kingdom. If you make the effort, then all the possibilities of this culture will open up for you and give you all the rewards that I've gotten." Even an arena football team?

Blake dreams of a Lively litter, Ryan dreams of hotfudge

 NED EHRBAR
Metro in Hollywood

Blake Lively is so hot on the idea of having kids, she's even envious of the birthing habits of other mammals.

"I've got to get started.

If I could spit out a litter of kids, I would," she tells Marie Claire.

Sounds messy, and not at all like something you'd expect her Paltrow-ish lifestyle website, Preserve, to recommend. But hey, get your litter on, Blake.

As for husband Ryan Reynolds? His opinion on the matter, according to this totally-taken-out-of-context quote from the same interview?

"Honestly, all he wants to eat is hot fudge sundaes," she says.

Tia Mowry wants to make sure everyone knows that Charlize Theron did not, in fact, try to get her banned from SoulCycle. The rumour started after Mowry mentioned running into the Oscar-winner at the trendy exercise studio

only to find that

Theron "wasn't very nice to her." A couple of days later, and that's become Theron is trying to get the Sister, Sister star barred. "It was definitely blown out of proportion," Mowry says, according to Just Jared. "I do not know Charlize. I absolutely love her, she's my 'woman crush Wednesday,' you can even see it on my Instagram! I'm obsessed with her, I love her." She might not have had you banned, Mowry, but you're definitely heading the right way for a restraining order.

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METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



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@LilTunechi
Ain't no woman like da 1 I got.



@JohnCleese
19 days to finish auto biography. Nose to the grind stone ... finishing up school days.



@SethMacFarlane
Thank you, Lauren, for teaching us all how to whistle. You will be missed, but more than that, you will be celebrated.



Tia Mowry

**Crushing or crunching,
Tia-Theron gym dust-up
'blown out of proportion'**

It's a new dawn, it's a new shirt, and it's feeling good

A breakdown for the boys. Not sure where to begin your fall wardrobe hunt? Start with your sense of touch.

JOHN
MACKAY
life@metronews.ca

If it feels good, wear it. You've heard that before, but not like this.

These days, it's as much about how clothes feel when you touch them, as it is how you look when you wear them. When you're searching for new style finds for chillier temperatures, prioritizing fabrics as well as intriguing patterns will land you some enviable finds.

Here are a few pointers to keep in mind while seeking out those essential pieces for next season:

If this is the fall you buy a new suit, then go for a dark grey flannel that has some weight to it. If you want to take a different direction, a wool sports jacket in a subtle check is a great alternative. By subtle, we're



A sports jacket in a subtle check is a great wardrobe addition. ISTOCK

talking colour; the check itself can be large.

Where coats are concerned, you can aim for a classic wool topcoat in a heritage fabric or, since this is a year of mixing the dressed with the casual, a

down-filled coat or three-quarter outdoors-looking jacket will work.

Look for something a little less puffy than the one you've been kicking around in the last couple of years. A duffle coat is a great idea as well.

The Brits call them roll necks, we call them turtle-necks and yes, turtleneck sweaters are sticking their heads out again. A fine wool turtleneck can replace shirt and tie under a tailored suit with black under black looking great for a big night out.

Fisherman knit and cable knit sweaters are going to be worth the finan-



Fashion by the foot

- Two-buckled, monk strap shoes are all set for their moment this fall, and there are some terrific boots, particularly hybrid hiking boots with a space-age look to them. The one key thing to look for is a thicker sole, crepe if you see it. For socks, think solid colours not stripes, but look for textures and patterns like herringbone and paisley.

Canadian street style

Spotted in: Toronto

Name: Kira

Age: 30

Occupation:
Optician

What she's wearing:
Reiz glasses, Gifted necklace, H&M jersey dress, H&M denim jacket, Vans shoes, Topshop bag.
Her inspiration:

"I have to dress stylish and casually professional for work but also am on my feet all day so comfort is big for me too. I like being kind of quirky with my style by keeping it basic but using key pieces of jewelry or pattern on shoes ... and of course glasses to top it off!"

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Trends Report

Toronto is currently hosting its first-ever Men's Fashion Week and in keeping up with the theme of men's fashion and style, Trends Report will look at five style mistakes men commonly make. Go online to read more and take the poll to let me know which men's style mistake you think is the most cringeworthy.

• [Online. metronews.ca/trends-report](http://Online.metronews.ca/trends-report)



cial outlay.

And while we're on sweaters, a good alternative to something heavy and textured is the new crop of geometrics including classic argyles in bold colours.

Get yourself a band-collared shirt, which is, essentially, a shirt without a collar. It will be perfect under a suit. There are bold coloured, patterned scarves to be had and you may have noticed that gold chains are looking kind of good again; one thin chain, nothing bling.

A man's must-haves



Designer Christopher Bates
MAX JAMALI

Designer Christopher Bates took time away from Toronto Men's Fashion Week to give us his list of essential's every man should own:

1 A casual sports jacket. "It's the most dynamic piece a man can own. It can be dressed up or down and worn day or night."

2 A tailored white dress shirt. "This is the linchpin of a man's wardrobe. You should actually have at least three to account for time to dry clean it if you get lipstick on your collar..."

3 A grey suit. "When you're building your wardrobe, this is the first suit you should buy. Grey flatters most complexions and you can spice it up with a myriad of shirt and accessory options."

4 Black leather bomber. "Invest in a high-quality leather bomber and it will last you for ages and get better with time. It's an edgy piece that says you mean business."

5 Tapered blue jeans. "The key here is fit. Boot cut or straight leg are simply unflattering. A tapered leg makes you look taller, trimmer and more stylish. Try dressing them up with a casual sports jacket or pressed white dress shirt."

Twitter



JEANNE
SPACE

Jeanne Beker
life@metronews.ca

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Lapping up all the good interior design taste at "31 Westgate" new location in #Chester #Nova Scotia #superchic

Easy ways to add art to your dorm

Not allowed to hang art? Here are a few solutions to the age-old dorm room rule



DESIGN CENTRE
Karl Lohnes
home@metronews.ca

Hang in there

Mount a large framed photo without leaving nail holes or a sticky residue on the walls. 3M-Command Large Picture Hanging Strips, \$5, [Walmart.ca](#).



Many student accommodations insist on the no-nail holes rule in dorm room and student housing walls. In most cases, not even tape is allowed. So how does a decor-conscious student get creative when displaying art in their personal space?

Here are some alternatives that will allow you the luxury of adding personality without breaking any rules.

Sleep on the bright side

If you keep your bed tidy, then you'll always have a giant piece of art to brighten your room. Duchess Grand Duvet Cover, \$129, [UrbanOutfitters.com](#).



Get hooked

Hang your art from a single hook that attaches over a rarely used closet door. Deluxe Single Over Door Hook, \$11, [BedBathAndBeyond.ca](#).



Stick with it

Easy to apply and always easy to reposition, artsy decals stick to any smooth surface. Black/White Frames Kit designed by Jonathan Adler for WallPops, \$43, [WallPops.com](#).



Take a bold shower

Skyscrapers rise in a vintage graphic, adding a vibrant print to your bathroom. Metropolitan Shower Curtain, \$20, [Simons.ca](#).



Could rolling robo-guard be as lovable as Rover?

OK, it's not quite Robocop, but Jr. will be able to roll around your apartment, house or office, constantly scanning to make sure all is well and letting you know as soon as it thinks it isn't.

Jr. will come with audio sensors and integrated cameras plus almost 360-degree vision and will be able to connect to the home network or to other devices using Bluetooth.

Rather than rely on



someone to guide it via a remote control, Jr. will learn to adapt to its surroundings and develop a map so it can navigate around the home without crashing into walls or furniture.

"Our primary advantage over existing security systems is that there is no invasive installation, our software uses machine learning to get smarter over time, and the

device does not remain in a static, predictable position," says Roambotics CEO and co-founder Scott Menor.

For the moment, Roambotics will be focusing on developing Jr.'s home security skills, but the long-term goal is to build on the robot's features and uses over time so that it will become as much a part of the home as the washing machine or television.

For example, the high-quality cameras that will initially search for signs of

One of the family

"Our goal is to make a personal robot that is an integrated part of your household. We want Jr. to look and feel robust ... and to be intuitive and useful."

Roambotics CEO and co-founder Scott Menor

a break-in or disturbance could just as easily be used to spontaneously capture those Kodak moments around the home.

"Our goal is to make a personal robot that is an integrat-

ed part of your household," says Menor.

"We want Jr. to look and feel robust—like an appliance that belongs in your home—and to be intuitive and useful."

AFP

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Wrapping up the Caribbean

Pack a picnic.

Jerk Chicken Wraps contain classic West Indian flavours like jerk seasoning, mango and pineapple, and can be made ahead of time

"You'll be astonished at how juicy the jerk chicken is. And with the tropical fruit flavours, your taste buds will go into overdrive," writes Chris De La Rosa in his book *The Vibrant Caribbean Pot Vol. 2*. "You can make these ahead of time, cover with plastic wrap and store in the fridge."

1. Garlicky Spread: In a food processor

Ingredients

- 3 lbs boneless chicken breast
- Juice of 1 lemon
- 1 1/2 cups jerk marinade
- 1 tbsp vegetable oil
- 1 1/2 each cups carrots, julienned; lettuce; firm mango, julienned; pineapple chunks; cucumber ribbons (use a potato peeler)
- 8-10 (10 inch) flour tortillas
- Garlicky Spread**
- 2 (8oz) containers plain Greek yogurt
- 1 cucumber; peeled, seeded and diced
- 1 tbsp olive oil
- Juice of 1/2 lemon
- Salt and black pepper to taste
- 1 tbsp dill, chopped
- 3 cloves of garlic
- Few drops of honey (optional)



This recipe serves four to six. CHRIS DE LA ROSA OF CHRISDELA ROSA.COM

processor or blender, combine the yogurt, cucumber, olive oil, lemon juice, salt, pepper, dill, garlic and honey (if using). Process until well combined then transfer to a separate dish, cover and refrigerate for at least one hour for best flavour.

2. Clean chicken pieces with the lemon juice and cool water, drain and place in a bowl. Cover in jerk marinade and allow to marinate for at least 1 hour.

3. In the meantime, move your oven rack so it's about 6 to 8 inches away from the main heat source and set your oven to the broil setting. Line a baking pan with tin foil and brush it with oil or use cooking spray. Place the chicken on the lined pan, cover with any remaining marinade and broil for 10 minutes. Remove from the oven, flip over and broil for another 8 minutes. If using thick chicken breast, broil an additional 4

minutes. Set aside to cool.

4. Blanch the carrots by bringing to a boil about 3 cups of water and tossing them in for 25 seconds. Immediately, transfer to a bowl with ice water to stop the cooking process. Drain and pat dry with paper towels. Shred the lettuce.

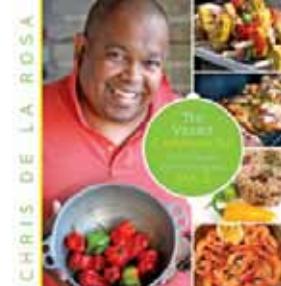
5. When chicken is cool, slice into 1/4 inch strips and if you have any drippings in the bak-

ing pan, pour over the sliced chicken and give it a good mix.

6. Take a flour tortilla and spread about a teaspoon of the Garlicky Spread across a 1-inch strip the length of the tortilla. Across one end, place a bit of chicken, carrots, mango, pineapple, lettuce and cucumber ribbons, and roll tightly, tucking everything in as you do so. Slice in the middle so you have two pieces of Jerk Chick-

Cookbook of the Week

Visit the islands from your kitchen



Chris De La Rosa first released *The Vibrant Caribbean Pot* as an e-book and this printed version contains 40 additional recipes for a total of 100 dishes that span a range of islands.

Aside from demystifying Caribbean cooking through informative sections that detail common herbs and ingredients, and much more, *The Vibrant Caribbean Pot* is full of De La Rosa's personal anecdotes and memories of growing up in Trinidad and Tobago.

Among the dishes are Ultimate Curry Chicken, Stewed Pumpkin with Shrimp, Corn Soup, Cassava Pone, and more. METRO

en Wrap. Hold together with toothpicks. RECIPE COURTESY THE VIBRANT CARIBBEAN POT 100 TRADITIONAL AND FUSION RECIPES VOL 2 BY CHRIS DE LA ROSA (CARIBBEANPOT.COM)

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Floridian travels north for heated goalie battle

Mooseheads. Kevin Resop staying calm as one of five netminders vying for backup role to Zachary Fucale

 KRISTEN LIPSCOMBE
kristen.lipsccombe@metronews.ca

Hockey skates may not be typical sports equipment worn by kids in the Sunshine State, but if your neighbour is Pavel Kubina of the Tampa Bay Lightning, you're more likely to try lacing them up.

That's exactly how prospective Halifax Mooseheads goaltender Kevin Resop of St. Petersburg, Fla., got into the game more characteristic of colder regions.

"He actually bought me my first pair of pads," the 17-year-old said Wednesday, of growing up with the former NHL defenceman as a family friend.

"We would always go to (his) games," Resop said after the first intrasquad game of the Herd's training camp at Cole Harbour Place. "We'd play street hockey all the time, until we found a rink ... and then we started with roller hockey, and then made our way to the ice."

Resop, selected 164th overall in the ninth round of the 2014 QMJHL Draft, is one of three Americans on the Green and Red intrasquad rosters facing off this week.

He is also one of six goalies in the running for two spots on the final 2014-15 roster, but with veteran Zachary Fucale already slated as the club's starter, that leaves the



Kevin Resop, 17, of St. Petersburg, Fla., is one of six goaltenders in the running for two roster spots for the Mooseheads. JEFF HARPER/METRO

five remaining netminders vying for the backup position.

Resop is serious about his favourite sport, having headed up to Shattuck-St. Mary's School in Faribault, Minn., to hone his skills.

The six-foot-two, 197-pound goalie — the biggest at camp — remains focused during tryouts, adding he's "not worrying about what's going on, except saving the puck."

"You can't be too nervous

Quoted
"Growing up, there (weren't) many choices for hockey in Florida ... I kind of realized that if I wanted to do bigger and better things with hockey, I had to go up north." Mooseheads prospect Kevin Resop of St. Petersburg, Fla.

or too calm," Resop said after playing a period and a half for Green, splitting time with 2013 QMJHL Draft pick Jean-Philippe Brais.

"You just have to always

be ready for the shot."

Fucale is the third goaltender on the Green roster, but was absent for Wednesday's game. He is expected back Thursday.

On the Red side, Jacob Dempsey, Christopher Langlais and Kevin Martin each played a period.

Goaltending coach Eric Raymond said Wednesday "these guys know there's one spot open," adding there's still plenty of camp left for him to analyze and help improve their play.

The skill level among the five backup prospects makes for "a healthy competition," Raymond said.

Red edges Green in first intrasquad game

Left-winger Logan Saunders of Quispamsis, N.B., let a hard shot go from the point late in the third, the ping of the back post heard around the rink, to lift Red to a 4-3 win over Green in the first intrasquad game of Halifax Mooseheads training camp Wednesday.

Herd fans filtered in and out of Cole Harbour Place to catch a glimpse of some familiar faces, and many new prospects, all vying for spots on the final 2014-15 roster.

Remaining training camp schedule

Thursday and Friday:
• 9:50 a.m. – Red practice
• 10-10:50 a.m. – Green practice
• 4 p.m. – Intrasquad game

Saturday:
• 7 p.m. – exhibition game,

Saint John @ Halifax, Dartmouth Sportsplex

Sunday:
• 4 p.m. – exhibition game, Halifax @ Cape Breton, Centre 200

The red squad also got it started midway through the

first on a marker from forward Tyler Copeland of Sussex, N.B.

But forward Brandon Vuic of Waterdown, Ont., answered for Green on a penalty shot before the opening frame was up to tie it at one apiece going into intermission.

The teams continued to trade goals in the second, with Jonathan Courville of Gatineau, Que., giving Red a 2-1 edge before Jordan King of Corner Brook, N.L., notched a pretty goal to even the score again.

Green snagged a short-lived

lead on a late-period goal from Eddie Banville of Saint-Quentin, N.B., but Red came back in the third, with defenceman Jean-Sebastien Taillefer sending a high shot into net to make it 3-3 as the clock ticked down.

Saunders scored the game-winner in the final minutes, and despite some nice Green offensive chances, including a rush from Vuic, Red skated away with the Game 1 win.
KRISTEN LIPSCOMBE/METRO

4
SPORTS



Liberté, Égalité ... Rugby

Canada's Elissa Alarie fights through a tackle by French players during the women's Rugby World Cup in Paris. Canada moved to the final with a tense 18-16 win over the hosts. Scan the image with your Metro News app for a gallery of Wednesday's action. FRED DUFOUR/AFP/GETTY IMAGES

MLB

O's put hurt on Yankees in sweep

Jonathan Schoop and Adam Jones homered in a four-

run eighth inning, and the Baltimore Orioles rallied to beat the New York Yankees 5-3 Wednesday night for a two-game sweep of the rain-shortened series. THE ASSOCIATED PRESS

Golf. Back pain puts Woods back on sideline

Tiger Woods removed himself from consideration for the Ryder Cup team Wednesday evening with a clear message that he is not healthy enough to play.

A day after U.S. captain Tom Watson said he trusted Woods to give him the "straight skinny" on the condition of his back injury and his game, Woods said he called the captain to say he would not be available.

This eliminates a distraction before Watson announces his three captains for the Sept. 26-28 matches against Europe at Gleneagles. THE ASSOCIATED PRESS



Tiger Woods holds his back at the PGA Championship last Friday in Louisville, Ky. GETTY IMAGES

MLB. Blue Jays reliever feels he has worked out his issues with triple-A affiliate

When the Toronto Blue Jays sent Sergio Santos to the minor leagues, general manager Alex Anthopoulos said he wanted the reliever to pitch some innings and "get back on track."

Santos is definitely back on track. In 6-2/3 innings over seven appearances since be-

ing assigned to triple-A Buffalo, the right-hander has given up just one hit and no runs.

"I feel like I'm in a good place," Santos said Tuesday night after recording two outs to pick up a save. "I feel a lot better attacking the zone with my fastball, and the command of my fastball has been a little bit better. I'm not kind of missing over the plate, I feel like I'm getting thirds, whether it's the inner or outer half."

Satisfied with his performance with the Bisons, Santos

Jays vs. Mariners
Go to metronews.ca for coverage of Wednesday's game in Seattle.

has been left to wonder why the Blue Jays haven't called him back up to the majors or given him any indication on when they might.

"I haven't had any communication with them, which has been a little frustrating at times because I feel like I've ironed some of the things

out that I needed to iron out and I'm just waiting for that opportunity to go back out there and hopefully do what I'm doing here," Santos said.

In Santos' place, the Blue Jays have blue-chip prospect Aaron Sanchez, who is one of five right-handers in the bullpen along with closer Casey Janssen, Chad Jenkins, Todd Redmond and Dustin McGowan.

Santos has a 7.78 earned-run average in 24 appearances for the Blue Jays this season after putting up a 1.75 ERA in 2013. THE CANADIAN PRESS



Reliever Sergio Santos has yet to allow a run in seven appearances since being assigned to triple-A Buffalo. THE ASSOCIATED PRESS FILE

Santos waiting for call back up to bigs

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Horoscopes by Sally Brompton

♈ Aries

March 21 - April 20

The deal you are being offered may seem generous but make sure you read the small print carefully before deciding if it is the right deal for you.

♉ Taurus

April 21 - May 20

Friends and loved ones have the upper hand at the moment and if you are smart you will not make a fuss.

♊ Gemini

May 22 - June 21

Cosmic activity in the work area of your chart makes this a good time to get started on things of a practical nature. Set targets but make sure they are ones you can reach.

♋ Cancer

June 22 - July 23

Mars and Pluto will combine over the next 48 hours to give your ego and energy a much-needed boost. You won't lack for self-belief, so much so that you honestly believe all things are possible. Aim high.

♌ Leo

July 24 - Aug. 23

If you have done something you feel less than happy about now would be a good time to own up to it. If you confess your "sin" you will be forgiven.

♍ Virgo

Aug. 24 - Sept. 23

You won't let little things like work and domestic commitments hold you back today. As far as you are concerned it's OK to have fun. In fact, it's demanded.

♎ Libra

Sept. 24 - Oct. 23

The planets suggest you are thinking about buying something costly. It's your money and you can do what you want with it but is it something you need or is it an impulse purchase? Think it over.

♏ Scorpio

Oct. 24 - Nov. 22

You have the power to reach out and take whatever it is you want to possess, so what are you waiting for? Don't let other people's doubts hold you back.

♐ Sagittarius

Nov. 23 - Dec. 21

No matter how eager you may be to get started on a new project you need to take time out and get your head around all the changes that are taking place in your world.

♑ Capricorn

Dec. 22 - Jan. 20

You'll be asked to do a favour today for someone you don't like but if you are smart you will do it with a smile. You could make yourself a useful ally.

♒ Aquarius

Jan. 21 - Feb. 19

Anyone who thinks they can threaten you will discover how tough a cookie you can be over the next day. Don't worry about making enemies. It means you're being taken seriously.

♓ Pisces

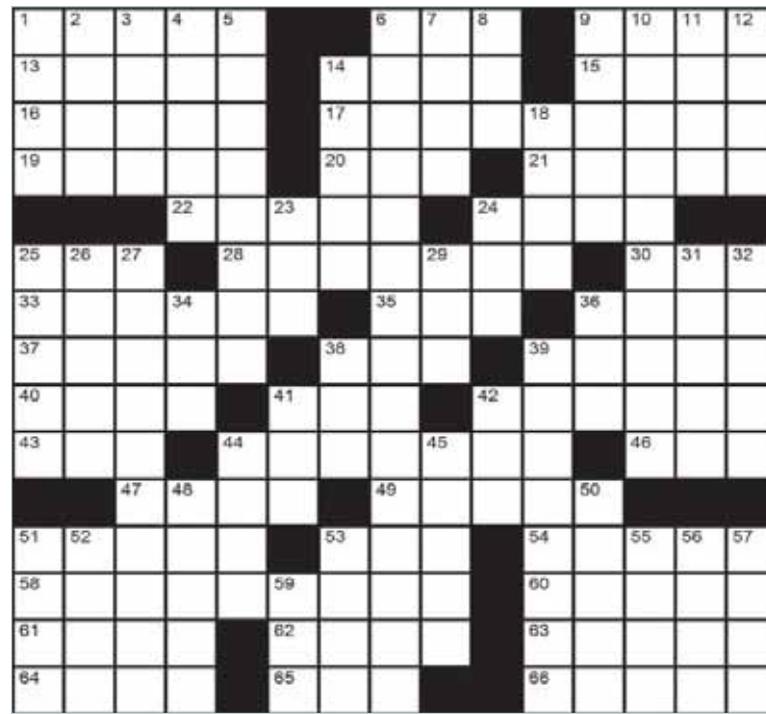
Feb. 20 - March 20

A robust set of influences will make you quite vocal over the next 48 hours and that's good. Speak up, loudly.

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

1. Edmonton-born comedian, Tommy __
6. Glamorous getaway
9. Stevie Wonder's " __ Made to Love Her"
13. Particular pink
14. Frosts
15. 'The Big Easy'
16. Ancient Greek colony
17. Feist song
19. " __." (Poker player's 'no more for me')
20. Keyboard key
21. Portends
22. Inundate
24. Bryan Ferry band, __ Music
25. Yore
28. Rapture
30. Mastiff's mitt
33. Legally accountable
35. Final [abbr.]
36. Singer/songwriter Ms. Kelly
37. Allegiant
38. "General Hospital" sets, briefly
39. Drive-thru extras
40. Worldwide [abbr.]
41. "Sheila" by Tommy __
42. Movie star Ms. Woodward
43. Listener
44. Coagulate
46. Bit
47. " __ Chef America"
49. Similar
51. Narcotized
53. Branch
54. Carnivals
58. One of the Canadian Rockies mountains on the \$10 bill
60. Grain fungus
61. Legal 'deal'
62. "Believe" singer
63. Swiped
64. PM Harper, for one



65. Gr. Neil Young joined
66. Pitched

- merrees
5. Malcolm __ Canadian writer for The New Yorker

6. Winnipeg: As-siniboine Park artsy attraction, Leo Mol

- stuff

10. Writers at __ (Annual gathering of scribes/musicians in Newfoundland)

11. Succulent plant

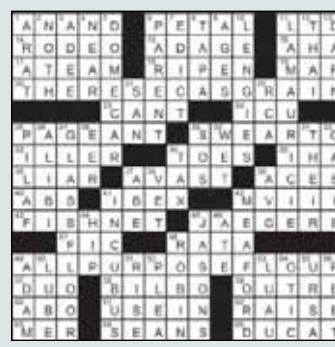
12. __ Club (Walmart-owned American warehouse store)

14. Islamic leaders

18. Hugh Grant movie,

- "About __" (2002)
32. Champion
24. Alphabetic trio
25. 1960s hit song-writer Ms. Greenwich
26. Canadian guitarist Ms. Boyd
27. "...one way ticket, yeah..." goes this Beatles tune: 2 wds.
29. CFL's Montreal players
31. Sphere
32. __ up (Became enlightened)
34. __ Harbour, Florida
36. Sing-y syllable
38. 'Bass' suffix
39. Current music event in Saskatoon
41. Harry's pal at Hogwarts
42. __ guru deva om / Nothing's gonna change my world..." - The Beatles, "Across the Universe"
44. Musical finale
45. Mr. Fudd
48. Track: __ race
50. "Fantasy" by __ Wind & Fire
51. Store's 'Produce', e.g.
52. A capital in Europe
53. Wow! equivalents
55. Alexander Borodin opera, Prince __
56. Movie part
57. Hearty meal
59. __ - 1701 (U.S.S. Enterprise marking)

Yesterday's Crossword



Online

See today's answers at
metronews.ca/answers



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

5	3	7	4	8	2	1	6	9
8	4	2	1	6	9	3	5	7
6	9	1	7	3	5	8	2	4
3	7	9	2	4	8	5	1	6
2	6	5	3	7	1	9	4	8
4	1	8	5	9	6	7	3	2
9	8	3	6	5	4	2	7	1
7	2	4	8	1	3	6	9	5
1	5	6	9	2	7	4	8	3

	3		2	4
2	8	1		
3			9	5
	6	8		9
8	9	2		1
	3	4	8	
7	8			3
		4	6	2
1	5	7		

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